

# **Review of Session 1**

## **The challenges of unsustainable change and growth**

An introduction to natural systems (of climate, natural resources, water and energy) and human-based systems (social, economic, cultural and political), and the scientific and other evidence for the causes, interactions, effects and impacts of their changes.

### **Key Objectives**

- To understand the scientific and other evidence for the causes, interactions, effects and impacts of changes to natural systems (of climate, natural resources, water and energy) and human-based systems (social, economic, cultural and political).
- To learn the value of holistic, systems thinking that recognises their dependence on natural systems and the dynamic, and sometimes unpredictable, way systems interact.
- To explore the basic science behind issues such as the loss of biodiversity, climate change, resource depletion and economic growth.

## 2 The transition to sustainable development

An introduction to the characteristics of sustainable development. An exploration, with examples, of how personal, community and global action can meet these challenges of unsustainable changes and growth.

### Key Objectives

- To understand the characteristics of sustainable development, especially at a personal and community level.
- To learn the value of long-term, future-based thinking that recognises sufficiency, resilience, diversity, global impacts, local action, cooperation, justice and well-being.
- To learn about the contested elements of development, based on different scientific evidence, worldviews, values and needs.
- To clarify one's own values and visions about personal, community and global transition to sustainable development.

# 1 Sustainable Development

## **Activity**

Systems Thinking – What is your vision of a sustainable world, community, town, school?

## **Film**

Green Economy and Sustainable Development: Bringing Back the Social,  
10 mins.

# 1 Sustainable Development

Improving the quality of life while living within the earth's carrying capacities.

UNEP/WWF (1991)

“...development that meets the needs of the present without compromising the ability of future generations to meet their own needs”

Brundtland Report, Rio Earth Summit (1992)

“A dynamic process which enables all people to realise their potential and to improve their quality of life in ways that simultaneously protect and enhance the Earth's life support systems”

Forum for the Future (2008)

“..... leaving the world a better place than you found it, taking no more than you need, trying not to harm life or the environment and making amends if you do”

Paul Hawken (2004)

# Venn diagrams

Environment

Planet

Ecology

Natural Capital

Society

People

Equity

Human Capital  
Social Capital

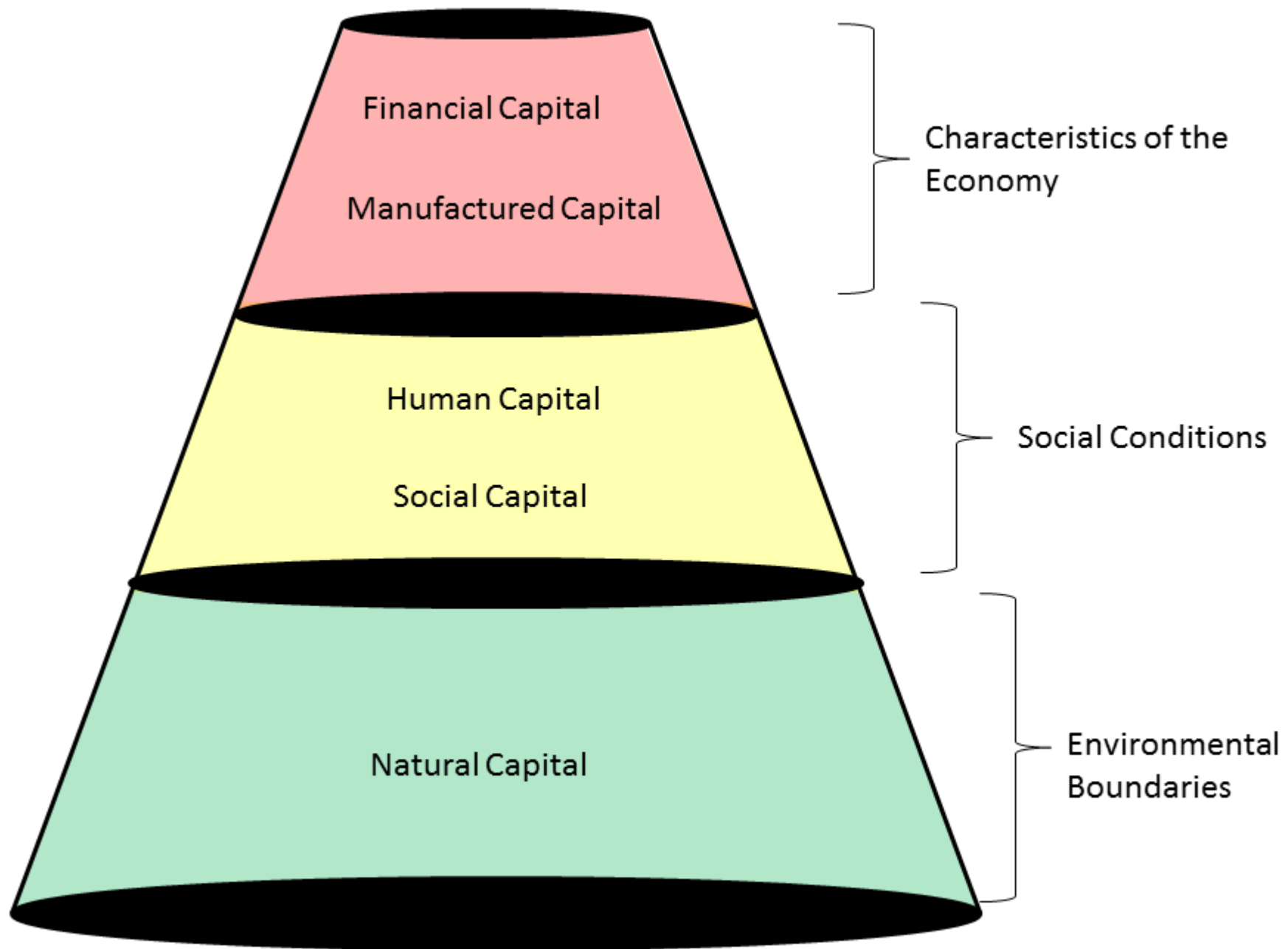
Economy

Profit

Economy

Manufactured Capital  
Financial Capital

+ Culture + Politics = Ethical dimension



## Human Capital

Good health

Good relations, participation and learning

Good lifestyle and livelihood

## Social Capital

Good governance and justice

Communities shared nature-centred values

Institutions that care for people and the planet

Safe, supportive homes and communities

## Financial Capital

Reflects the true value of all other capitals

## Manufactured Capital

Produced with minimum natural capital  
and maximum human capital

## Natural Capital

Not exceed Earth's carrying capacity

Not harm natural systems

Biodiversity protected or enhanced

**ENVIRONMENT**

IS

**CONDITION**

Protecting the environment is the condition to be met; it is necessary that the operations on the environment taking into account its ability to support them.

**ECONOMY**

IS

**MEAN**

The economical activities are the means that allow the successful development of effective planning.

**SOCIETY**

IS

**PURPOSE**

The satisfaction of human needs in the interest of equity within and between generations, is the specific purpose to improve the quality of life of citizens.



# SUSTAINABLE DEVELOPMENT: THE THREE MAIN PILLARS

Brutland/Cimeira do Rio Report (1992)

HOW TO MONITOR AND  
IMPLEMENT ?

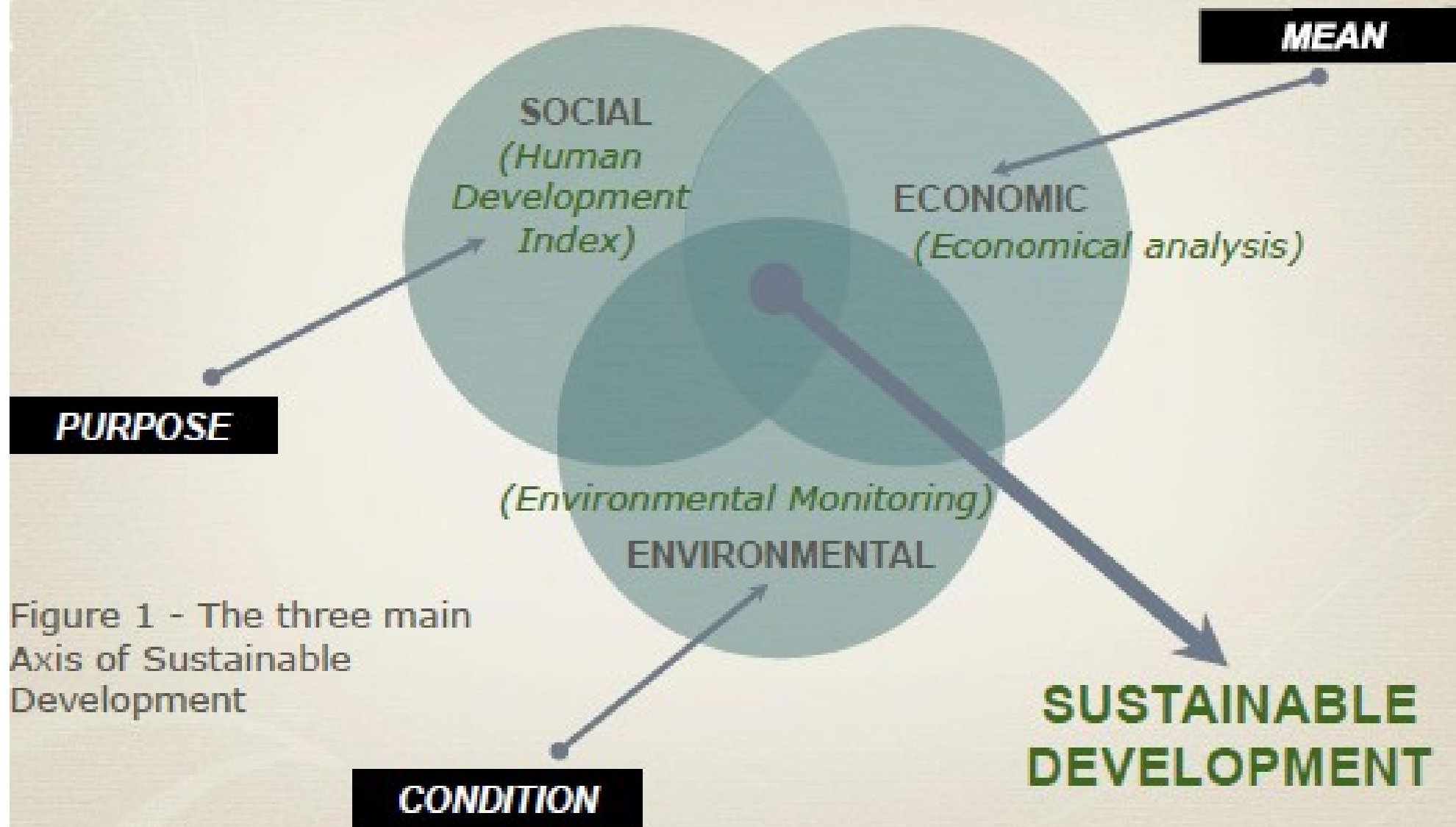
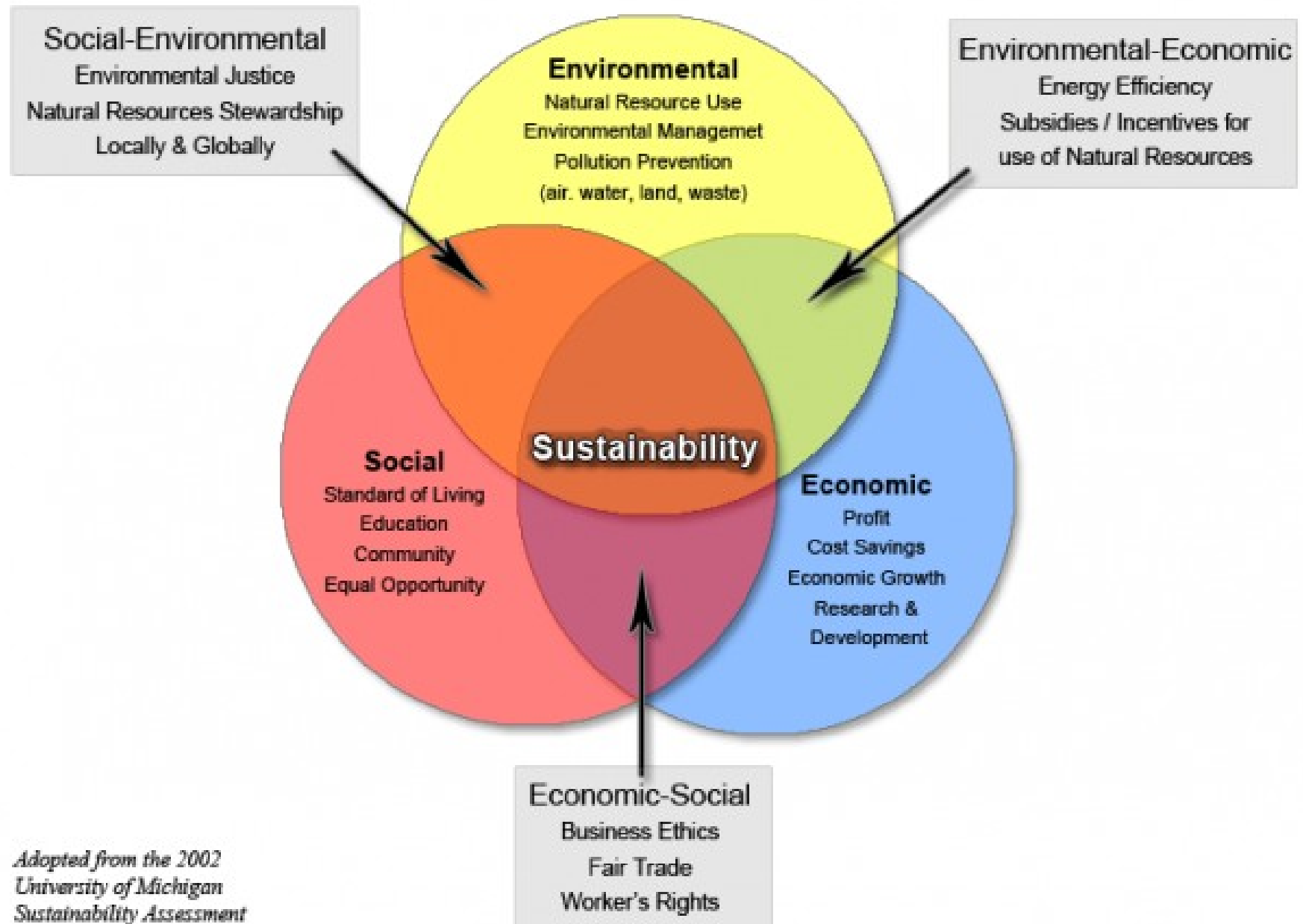


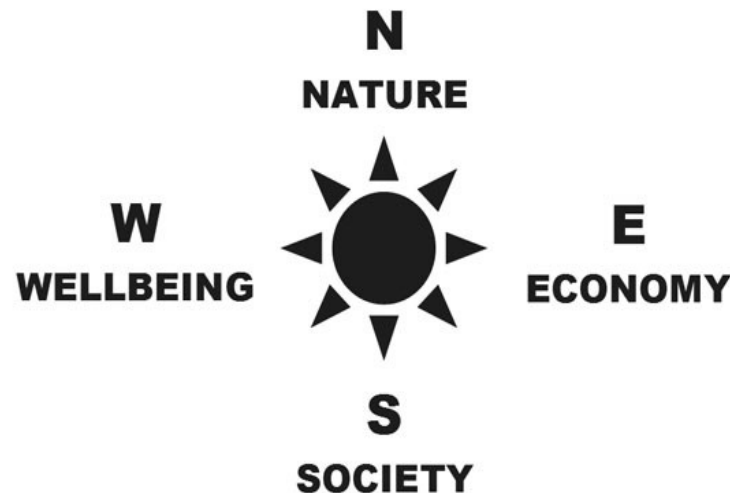
Figure 1 - The three main  
Axis of Sustainable  
Development

# *The Three Spheres of Sustainability*





# Compass of Sustainability

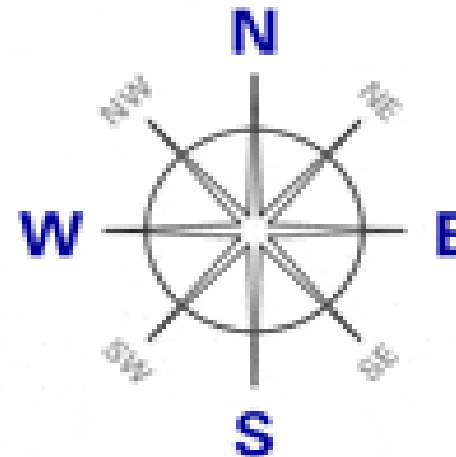


## NATURAL SYSTEMS

Questions about the natural environment and their relationship to each other - the land, sea and living things.

## WHO DECIDES?

Questions about politics and power: Who makes choices and decides what is to happen? Who benefits and loses as a result of these decisions, and at what cost?



## ECONOMIC SYSTEMS

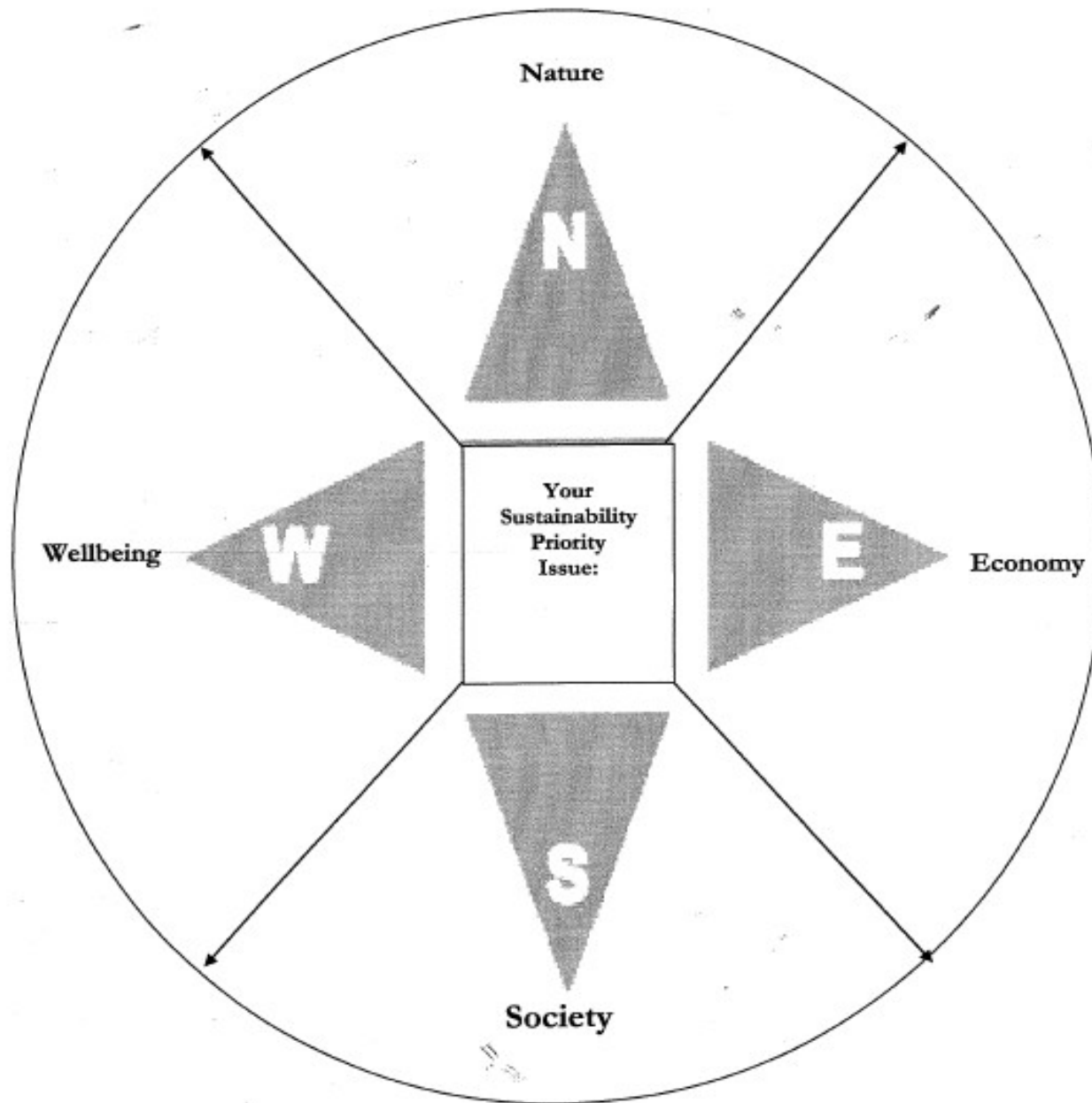
Questions about money, trading, aid, ownership, buying and selling.

## SOCIAL SYSTEMS

Questions about people, their relationships, their traditions and culture and the way they live, including questions about how, for example, gender, race, disability, class and age affect social relationships.

### Exercise: Compass Framing of Thematic Sustainability Issues

**Instructions:** Place your Sustainable Development Issue in the middle of the Compass then think about all the other factors, issues, variables are related to your main issue from each of the four dimensions of the Compass. Write down the related issues down in the appropriate Compass quadrant. Check the Compass on previous page.



# UK's Sustainable Development Strategy

## **Objectives**

- Social progress which recognises the needs of everyone
- Effective protection of the environment
- Prudent use of natural resources
- Maintenance of high & stable levels of economic growth & employment

## Living within environmental limits

Respecting the limits of the planet's environment, resources and biodiversity – to improve our environment and ensure that the natural resources needed for life are unimpaired and remain so for future generations.

## Ensuring a strong, healthy and just society

Meeting the diverse needs of all people in existing and future communities, promoting personal wellbeing, social cohesion and inclusion, and creating equal opportunity.

## Achieving a sustainable economy

Building a strong, stable and sustainable economy which provides prosperity and opportunities for all, and in which environmental and social costs fall on those who impose them (polluter pays), and efficient resource use is incentivised.

## Using sound science responsibly

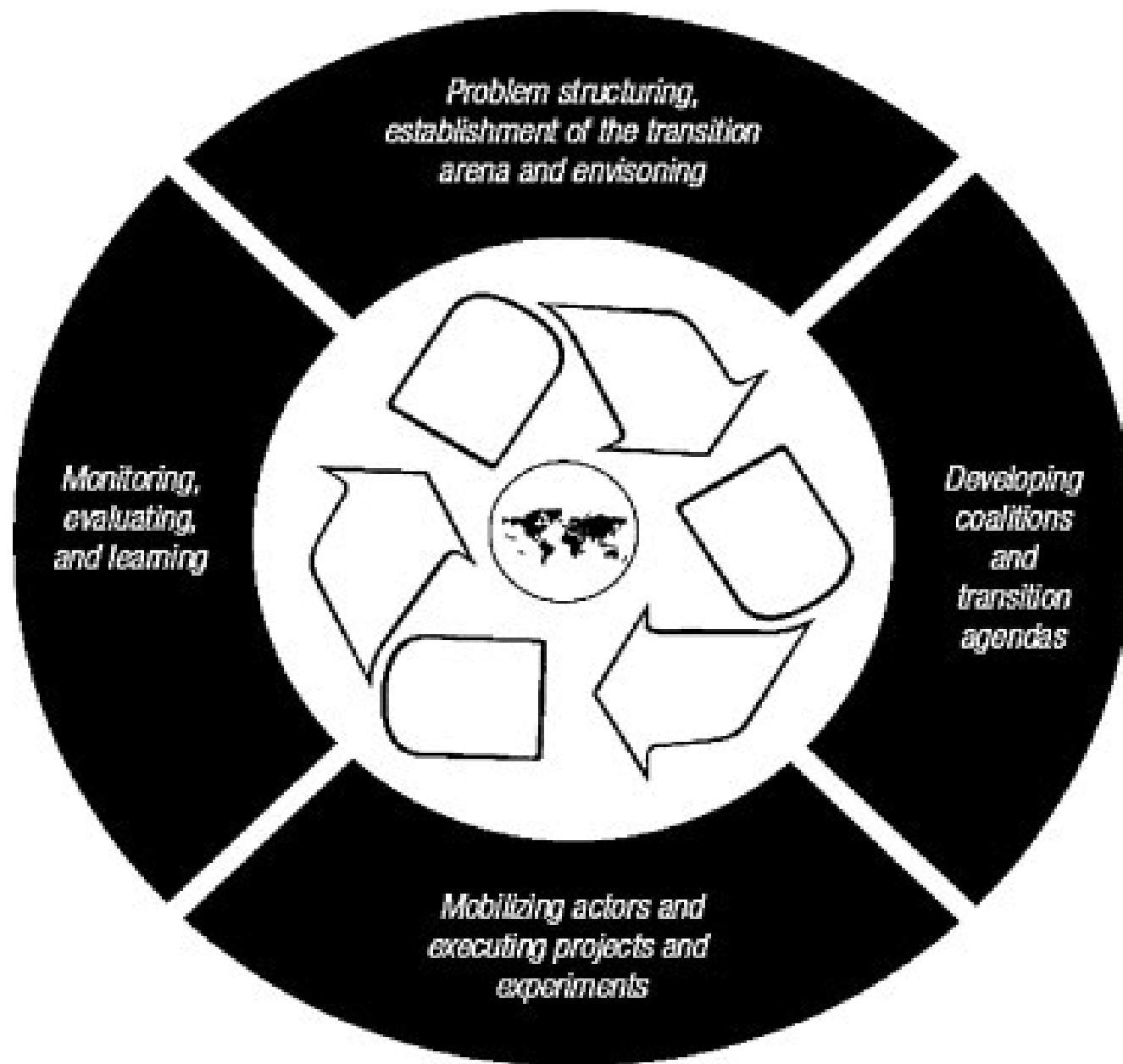
Ensuring policy is developed and implemented on the basis of strong scientific evidence, whilst taking into account scientific uncertainty (through the precautionary principle) as well as public attitudes and values.

## Promoting good governance

Actively promoting effective, participative systems of governance in all levels of society – engaging people's creativity, energy and diversity.

## **2 Sustainability Transition**

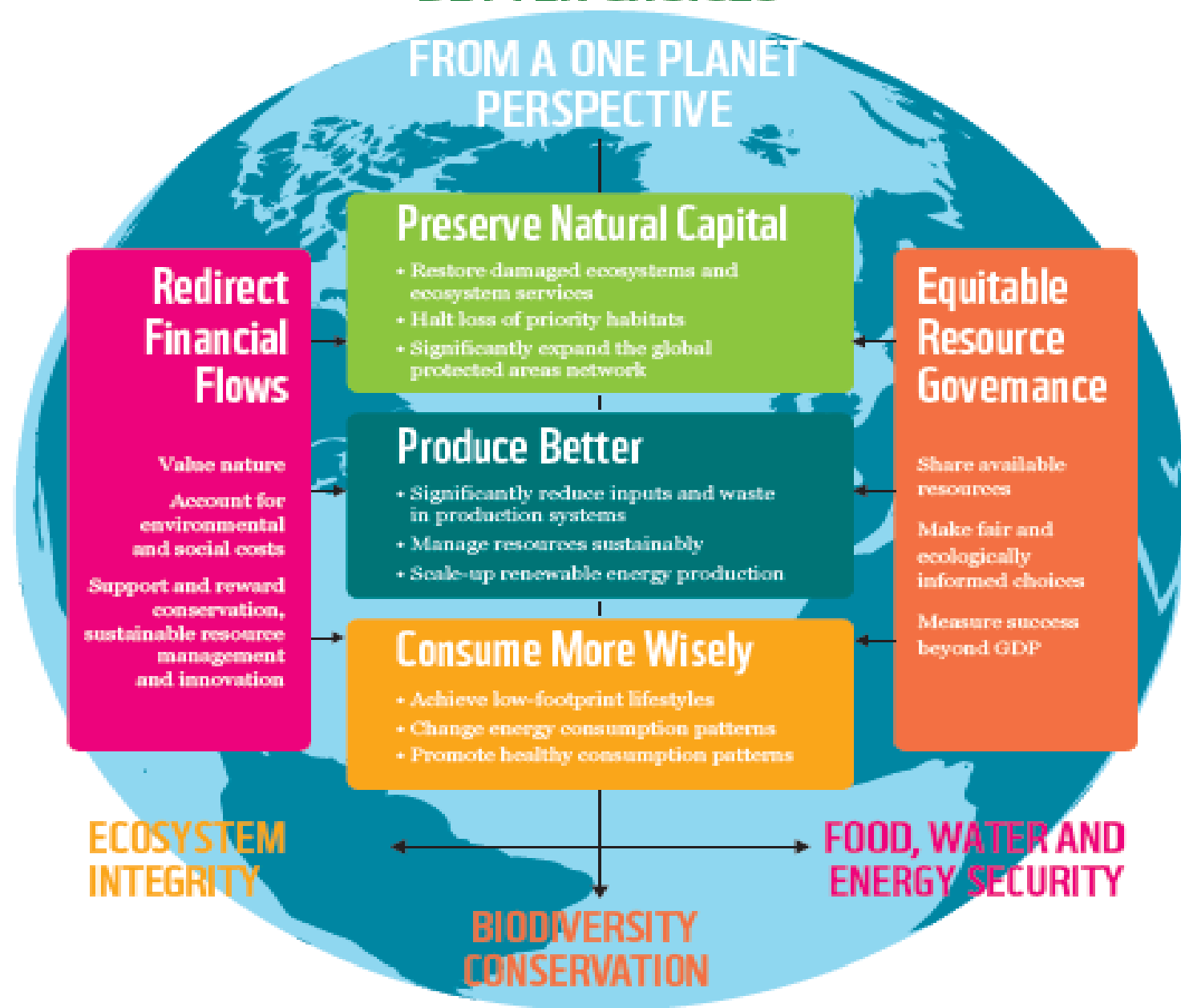




# WWF One Planet Living

## BETTER CHOICES

### FROM A ONE PLANET PERSPECTIVE



# One Planet Living Principles

**Zero carbon** - Making buildings more energy efficient and delivering all energy with renewable technologies.

**Zero waste** - Reducing waste, reusing where possible, and ultimately sending zero waste to landfill.

**Sustainable transport** - Encouraging low carbon modes of transport to reduce emissions, reducing the need to travel.

**Sustainable materials** - Using sustainable healthy products, with low embodied energy, sourced locally, made from renewable or waste resources.

**Local and sustainable food** - Choosing low impact, local, seasonal and organic diets and reducing food waste.

**Sustainable water** - Using water more efficiently in buildings and in the products we buy; tackling local flooding and water course pollution.

**Land use and wildlife** - Protecting and restoring biodiversity and natural habitats through appropriate land use and integration into the built environment.

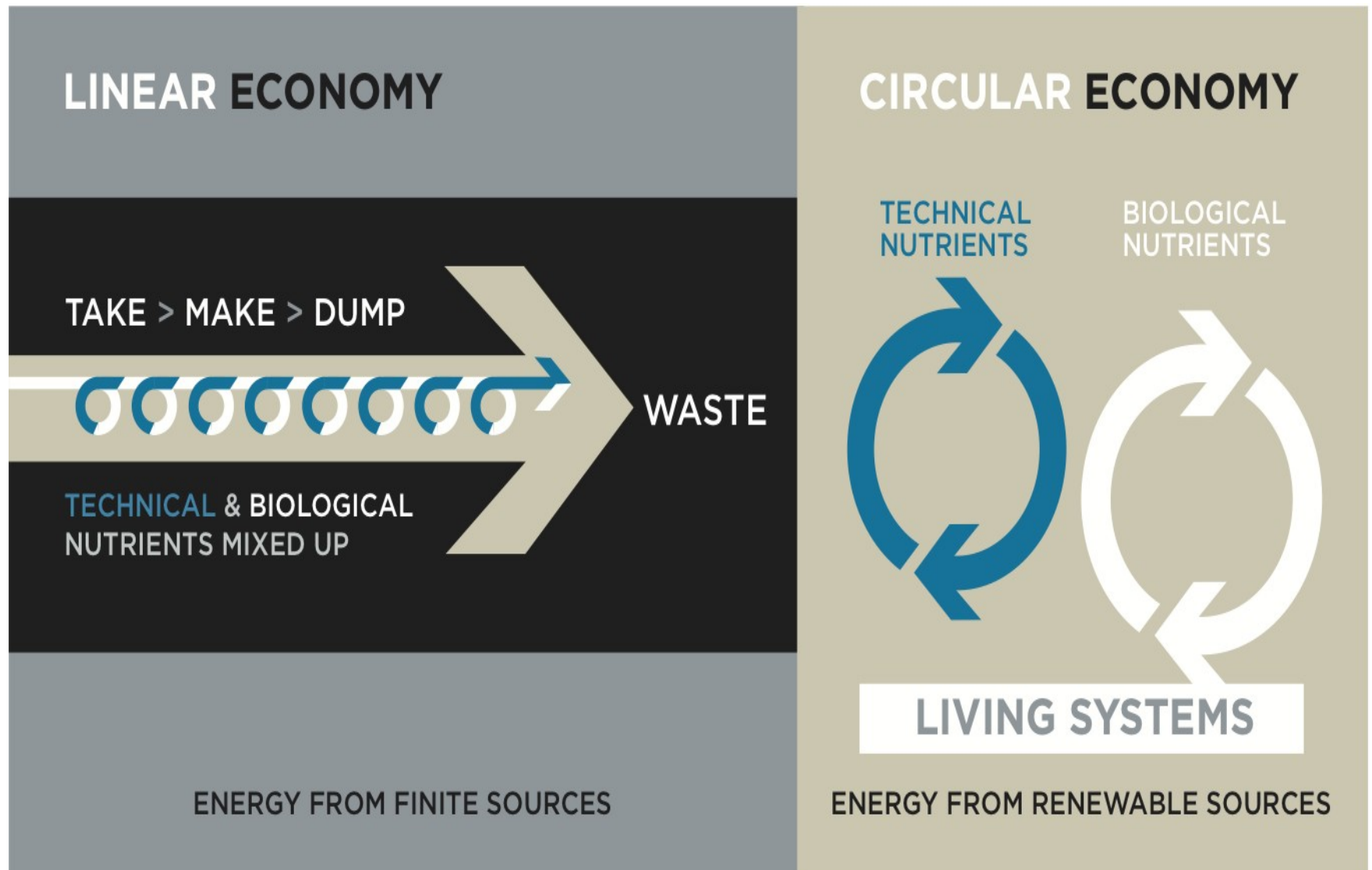
**Culture and community** - Reviving local identity and wisdom; supporting and participating in the arts.

**Equity and local economy** - Creating bioregional economies that support fair employment, inclusive communities and international fair trade.

**Health and happiness** - Encouraging active, sociable, meaningful lives to promote good health and well being.

# 3 Circular Economy

**Film** The Circular Economy



# Circular Economy Principles

Waste is food

Diversity is strength

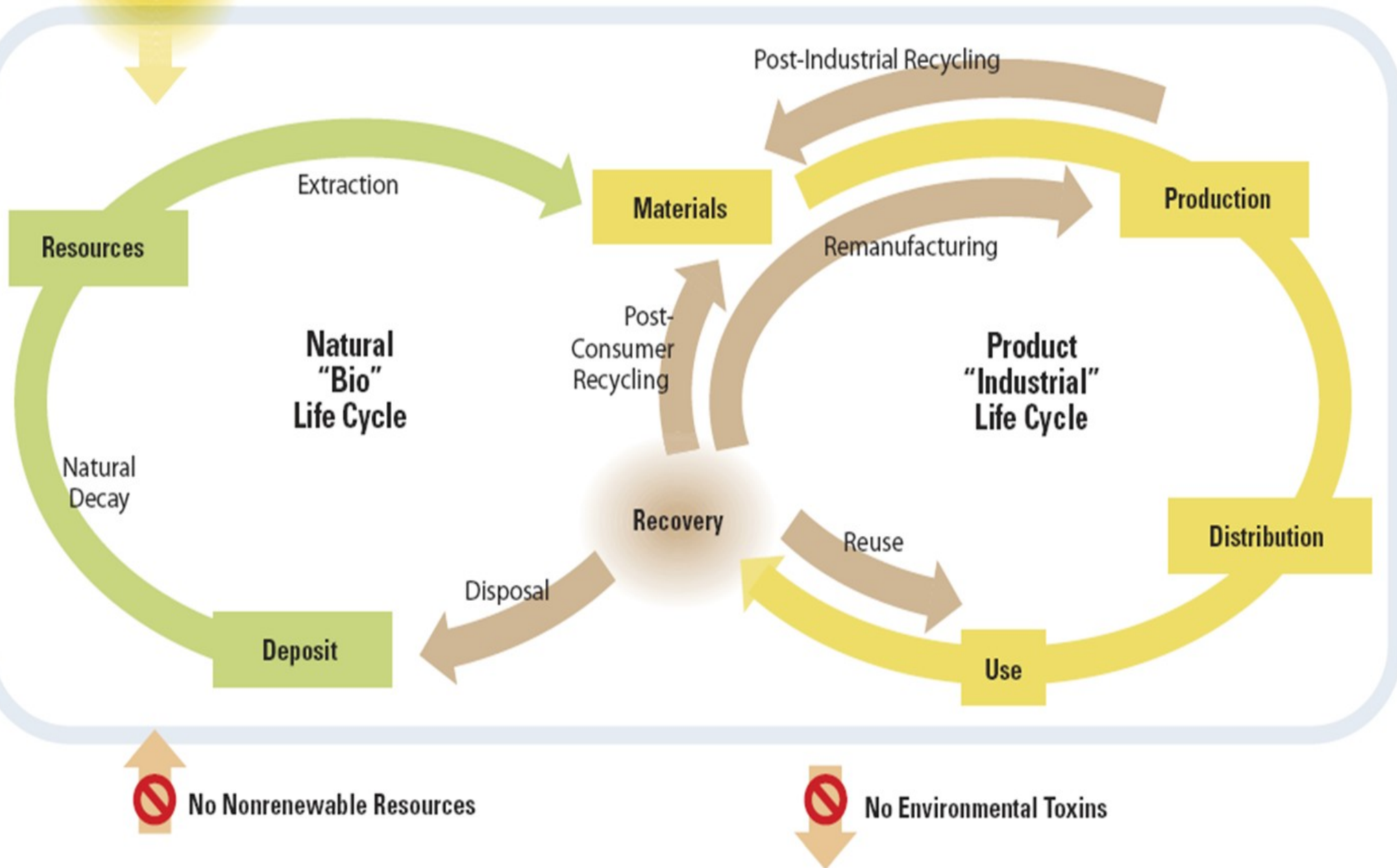
To make this happen...

Energy must come from renewable sources

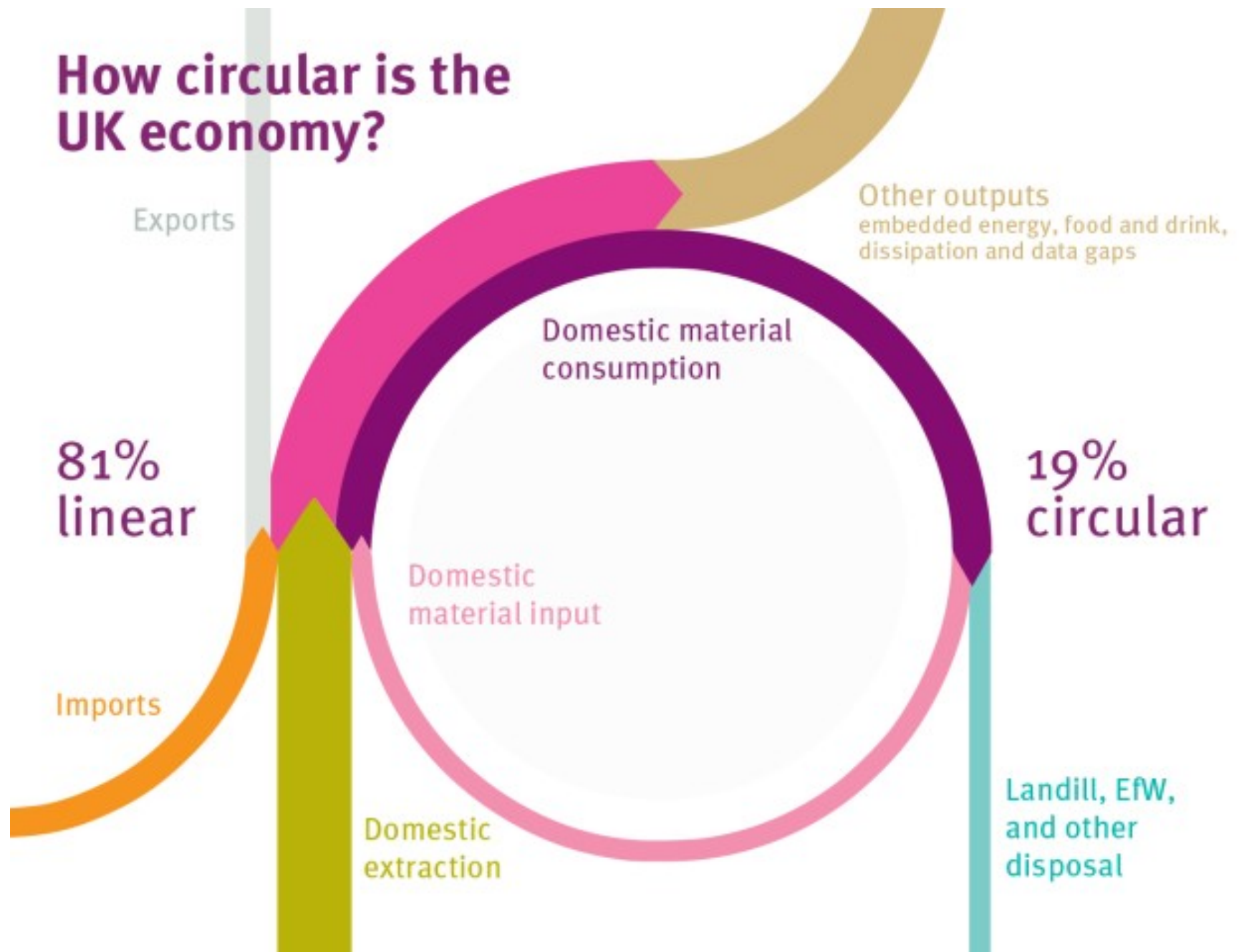
Prices must tell the truth

Thinking in terms of systems is key

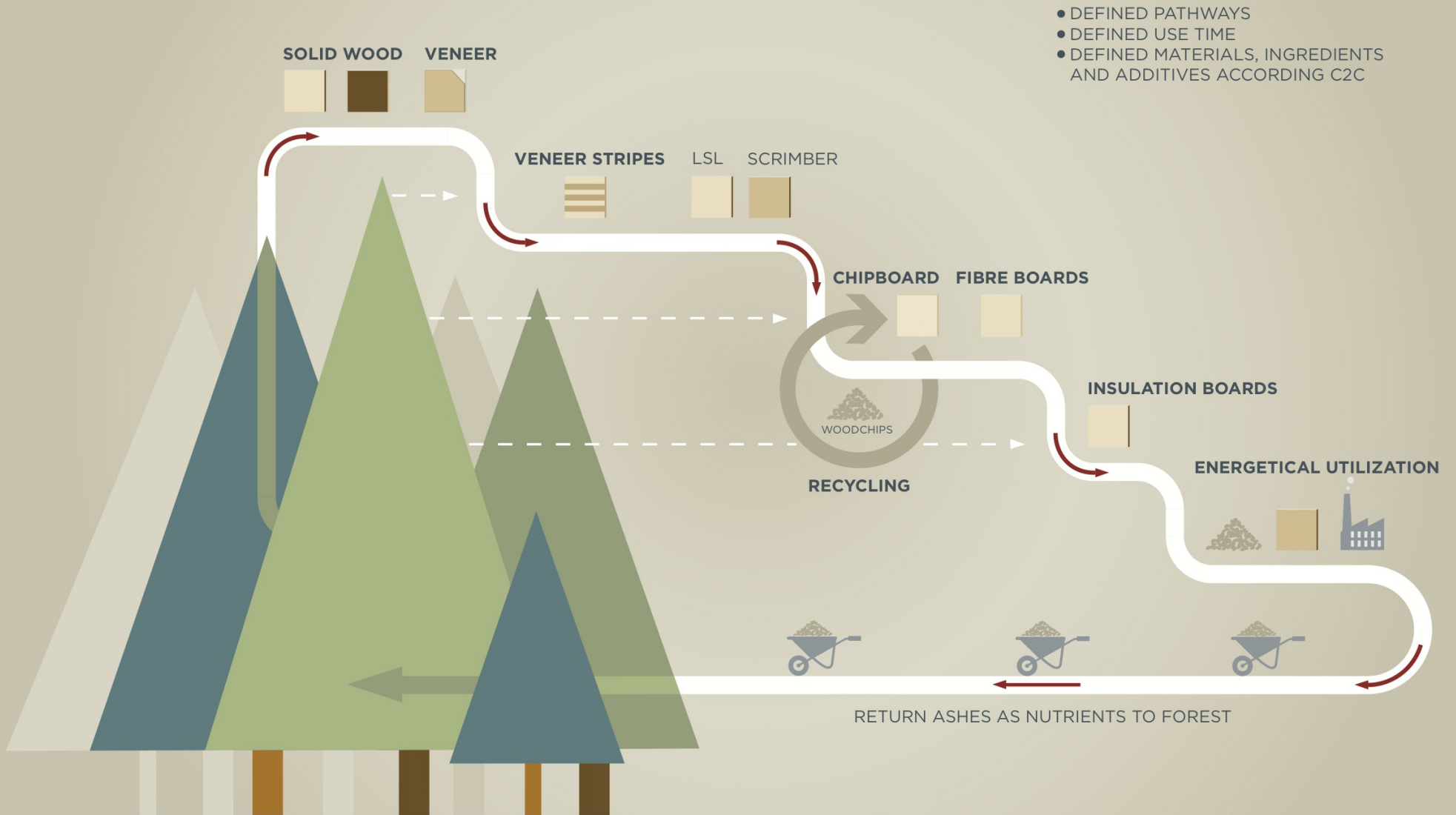
Renewable  
Energy



# How circular is the UK economy?



# WOOD CASCADE ACCORDING TO CRADLE TO CRADLE





## 4 Low Entropy Economy

High Entropy Economy	Low Entropy Economy
Less with more Luxuries High Impact Economy = Age of economic growth	More with less Necessities Entropic world view
Private ownership of resources	Stewardship
Increased centralisation of power	Decentralisation of power
Elimination of diversity, Standardisation	Diversity
More reliance on science and technology	Nurturing
Refusal to set limits on production and consumption	Geo-biological limits acknowledged

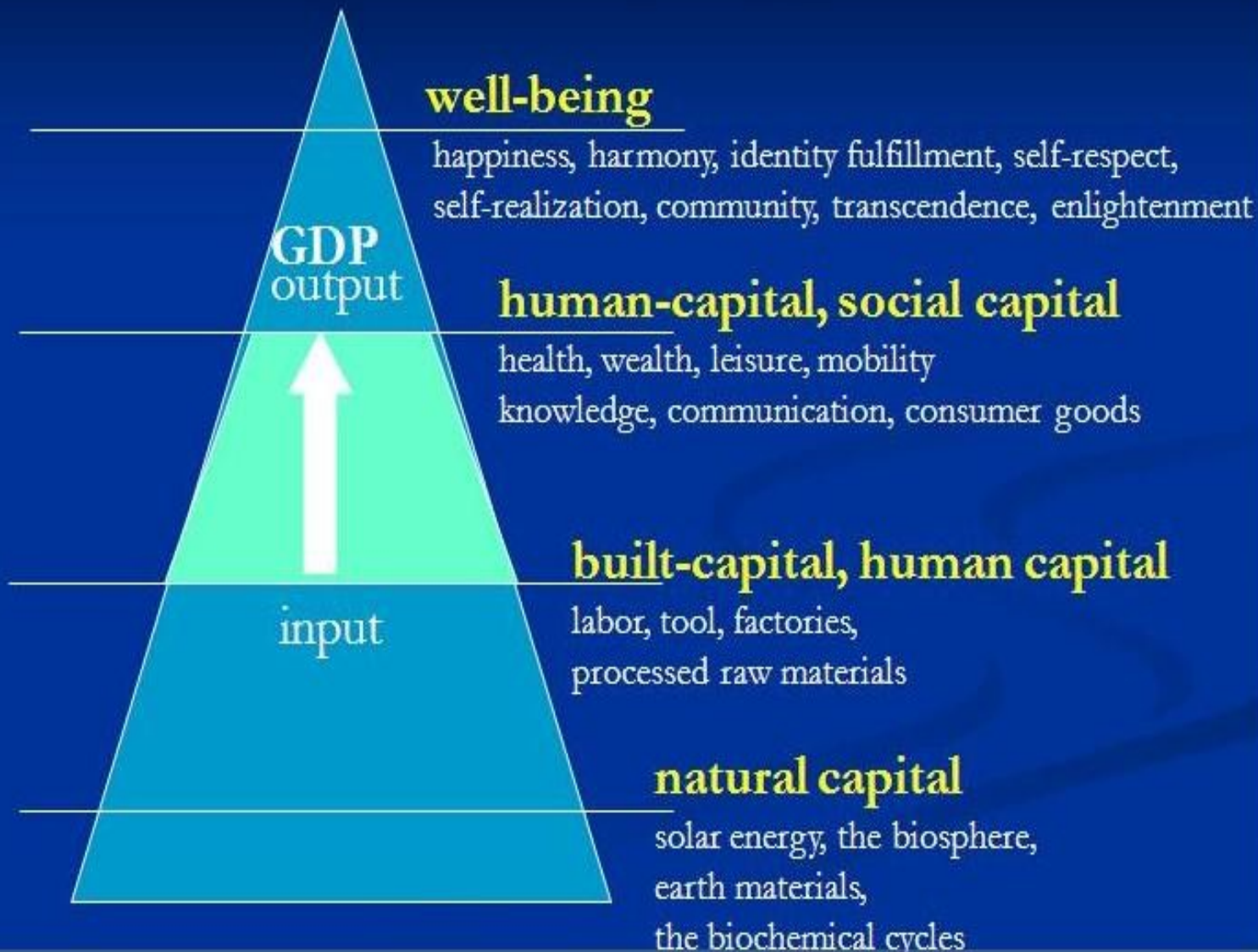
# The Natural Step

## The Four System Conditions...

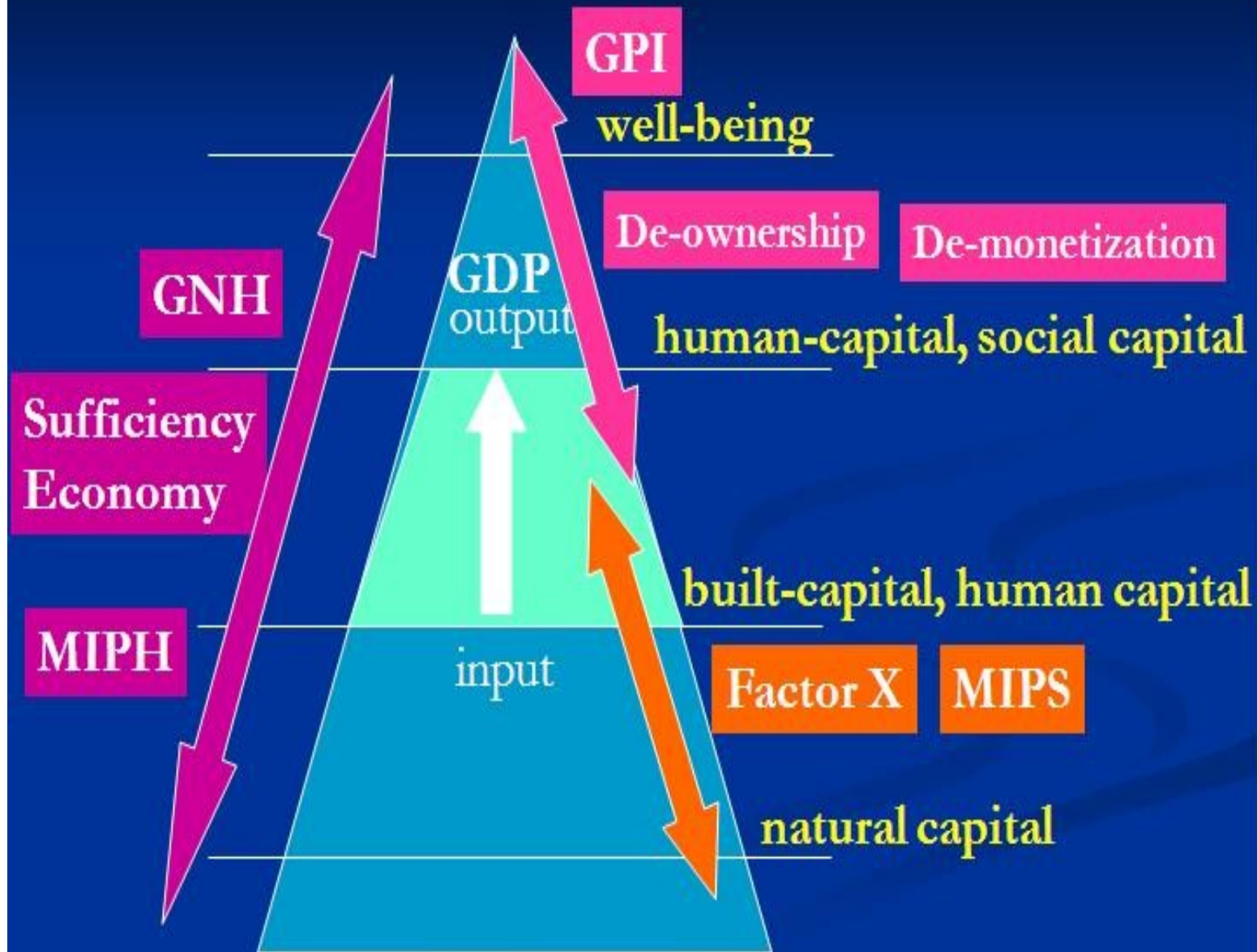
In a sustainable society, nature is not subject to systematically increasing:

1. concentrations of substances extracted from the earth's crust
2. concentrations of substances produced by society
3. degradation by physical means
4. and, in that society, people are not subject to conditions that systemically undermine their capacity to meet their needs

# Herman Daly's Pyramid

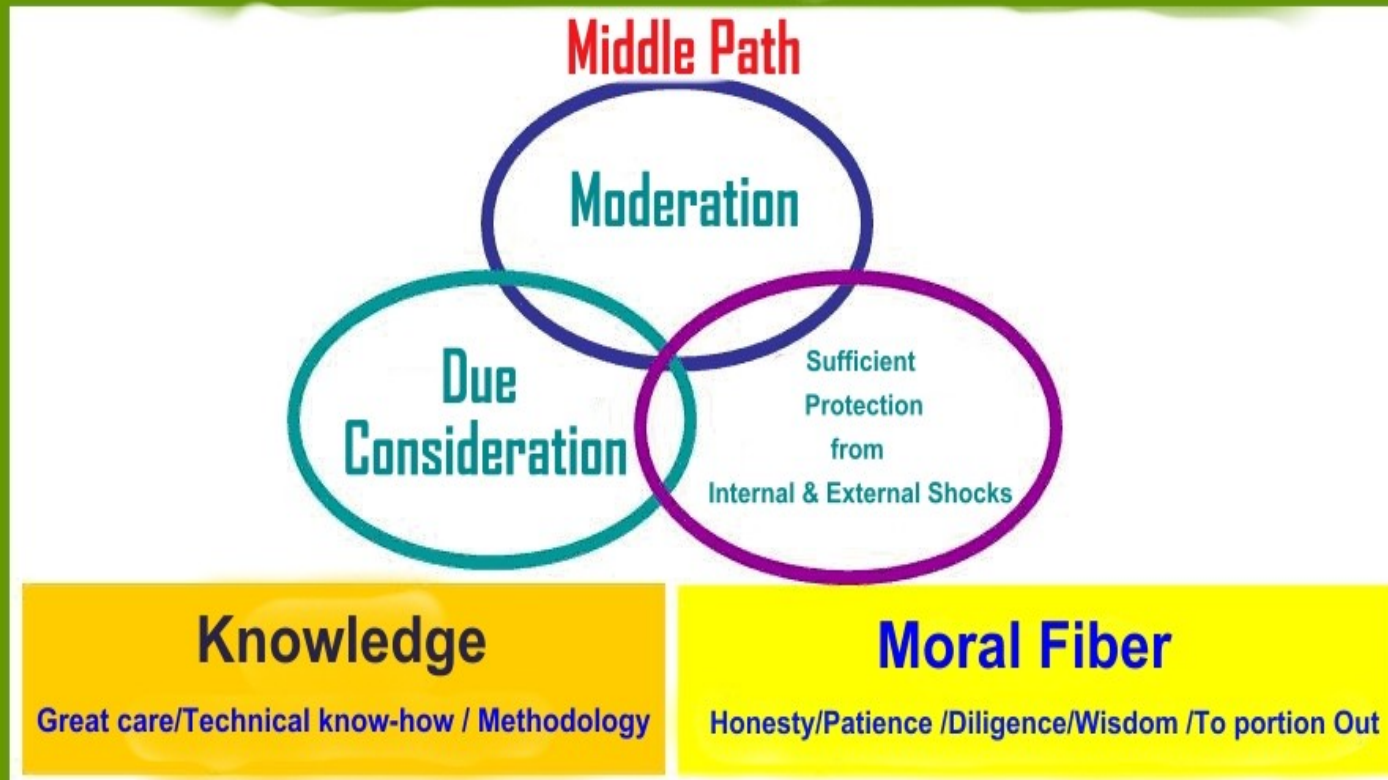


# A New Economic Framework



## 5 Sufficient

### Philosophy of the "Sufficiency Economy"



Bring about to

**Economy / Society / Environment / Culture**

**Balance / To cope with a result of globalization**

## 5 Sufficient

**Film** Sufficiency Economy principle in a Thai vocational college



# Sufficiency



吾  
唯  
足  
知

I only know that I have enough.

He who knows enough is enough will always have enough.

# Sufficient Consumption

## **Activity** Meat or Veg?

Learn that we can all make choices about our consumption, but we need good scientific evidence and clear values

Do we need or want a global food transition to less meat?

Mitigating climate change through food policy: The livestock connection and solution

Livestock production: recent trends, future prospects



# Sufficient Consumption

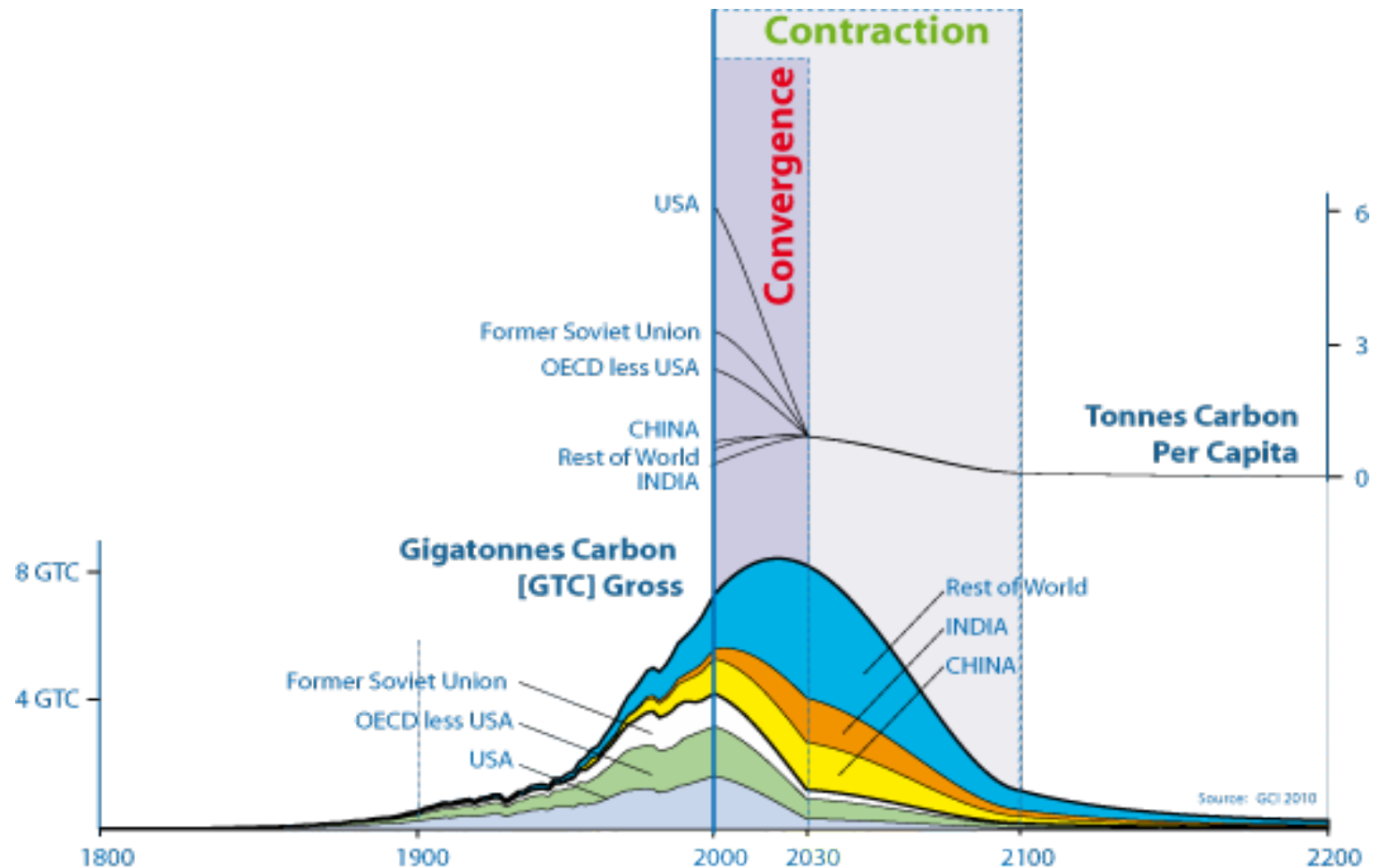
**Activity** What's the impact of replacing our mobile phones?

Learn that consumer choices in one country make social, economic and environmental issues in other countries.

See [Mobile phones](#) - CT and the DRC

## 6 Equitable

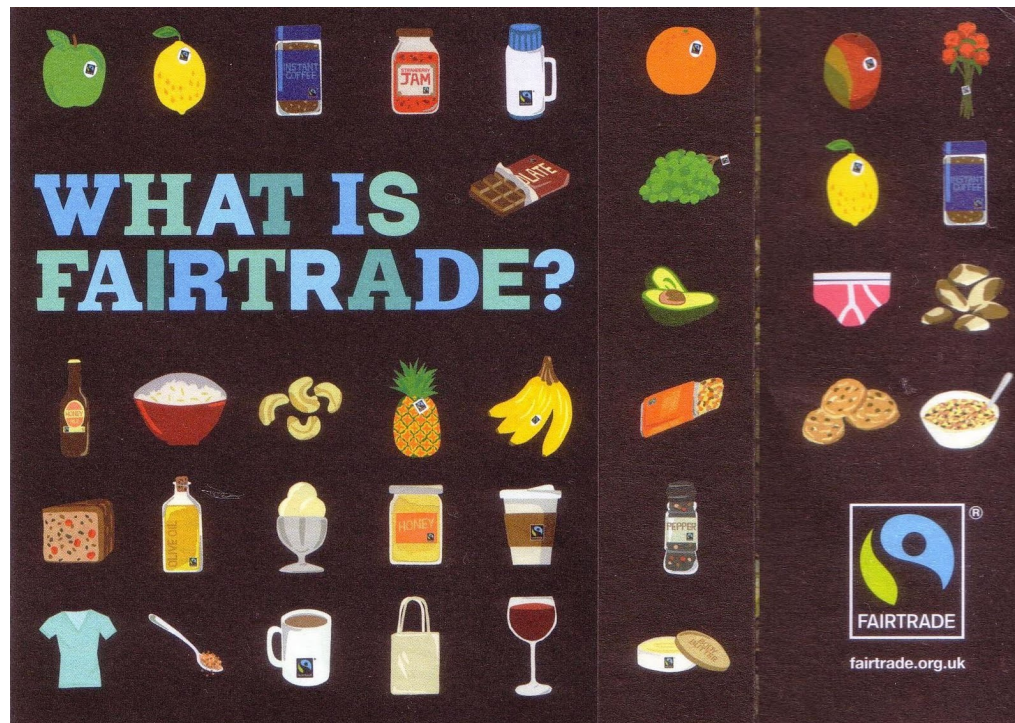
**Film** Contract and converge animation



This example shows regionally negotiated rates of C&C.  
It is for a 450ppmv Contraction Budget, with Convergence by 2030.

# Fair Trade

**Film** Fair trade – The Movie

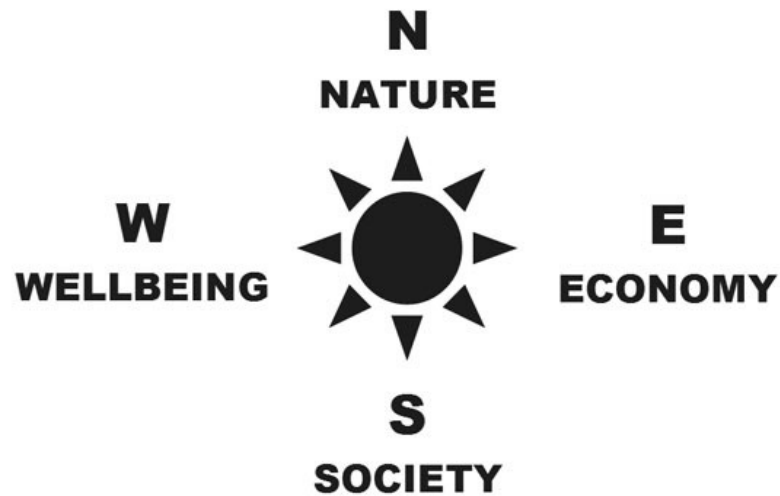


## 7 Well-being and happiness

**Film** Bhutan, Gross National Happiness and Sustainable Development



## 7 Well-being and happiness





# 7 Well-being and happiness

Film Bhutan, Gross National Happiness and Sustainable Development





# WHICH ECONOMY IS MORE EFFICIENT?



USA

VS



COSTA RICA

78

YEARS

LIFE  
EXPECTANCY

79

YEARS

7.2

/10

AVERAGE  
HAPPINESS

7.3

/10

7.2

GHG

ECOLOGICAL  
FOOTPRINT  
PER PERSON

2.5

GHG

SEE HOW OTHER COUNTRIES COMPARE:

[WWW.HAPPYPLANETINDEX.ORG](http://WWW.HAPPYPLANETINDEX.ORG)

HAPPY  
PLANET  
INDEX

## 8 Efficient

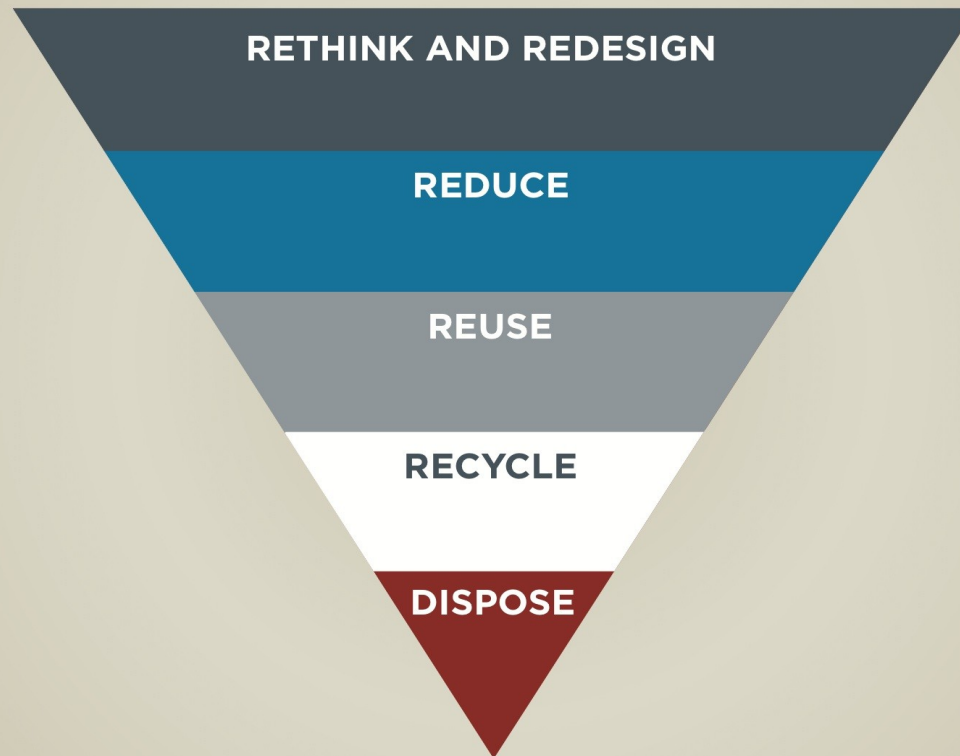
**Film** UNIDO Eco-efficiency (Cleaner Production) Programme (Part 2)



# Eco-efficiency objectives

- Reducing consumption of resources
  - energy, materials, water, land
- Reducing impact on nature by minimising
  - Minimising air emissions
  - Minimising water discharges
  - Minimising waste disposal
  - Minimising dispersion of toxic substances
  - Sustainable use of renewable resources
- Increasing product or service value by providing more benefits to customers
- Implement an Environmental Management System to drive this approach

## HIERARCHY OF WASTE



ELLEN MACARTHUR FOUNDATION

## 9 Local

**Film** Food miles (Crafers Primary School)





**LocalCheck**

## Much in little, much in local



MULTUM IN PARVO

LocalCheck is all about helping people to recognise and value their local heritage so they can sustain the distinctive resources of the locality to pass on to future generations.



# Localisation v. Globalisation

## **Activity**      **Debate the pros and cons of globalisation**

One team to support and one team to oppose the motion:  
“Globalisation is good for people, profit and the planet”.

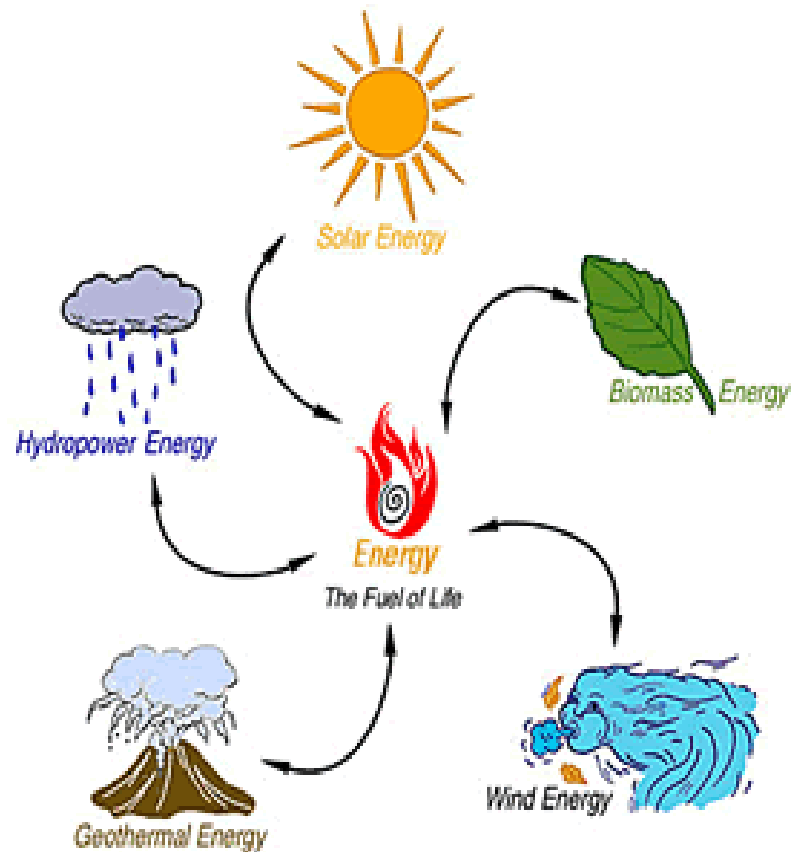


# 10 Renewable

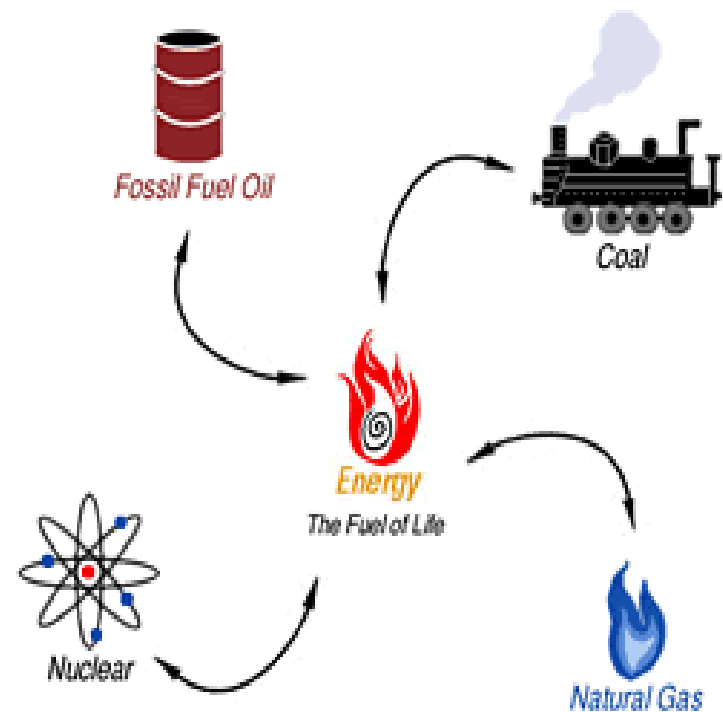
## Films

Ashden Awards - Sustainable Energy solutions

### Renewable Energy



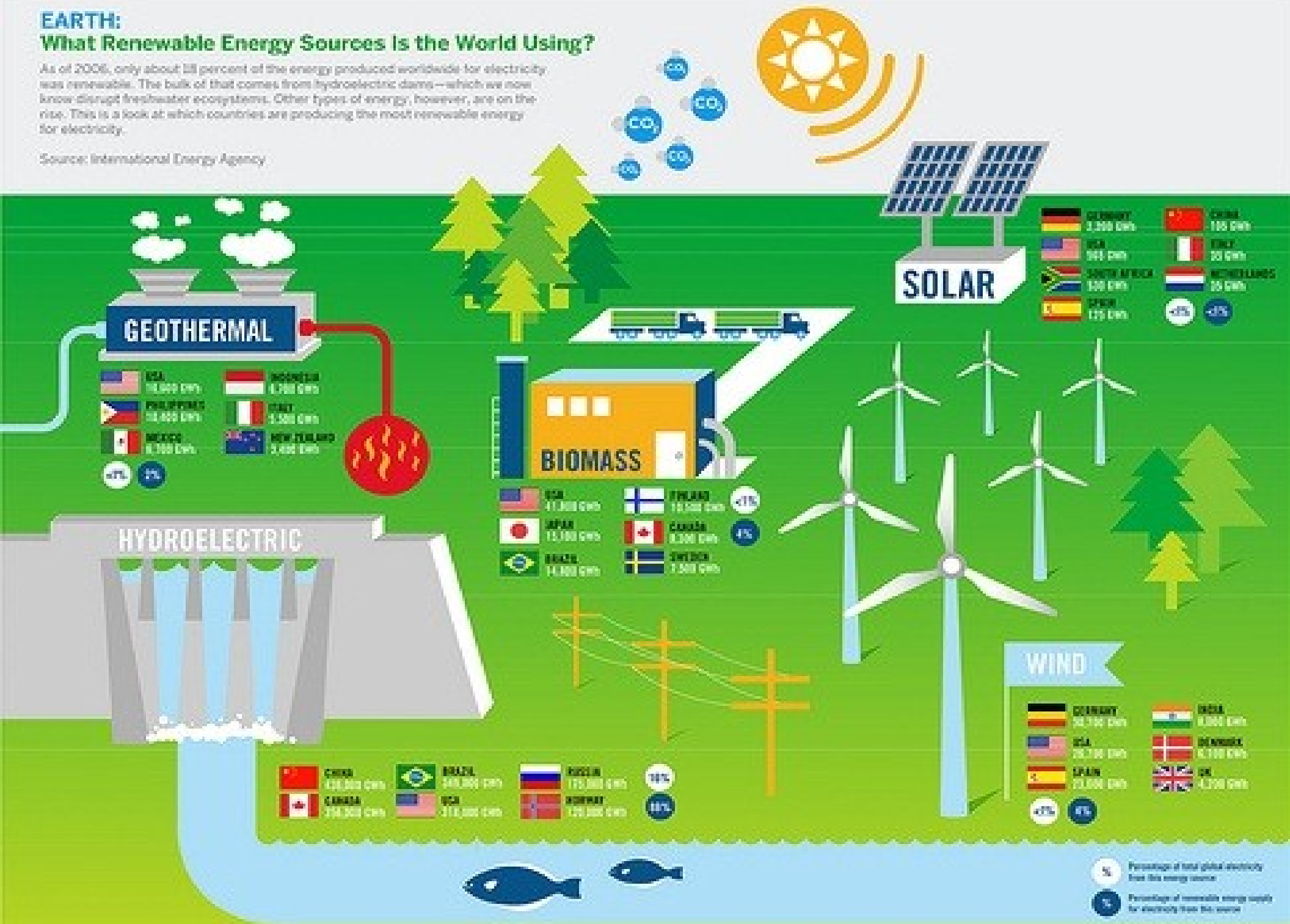
### Non-Renewable Energy



# EARTH: What Renewable Energy Sources is the World Using?

As of 2006, only about 18 percent of the energy produced worldwide for electricity was renewable. The bulk of that comes from hydroelectric dams—which we now know disrupt freshwater ecosystems. Other types of energy, however, are on the rise. This is a look at which countries are producing the most renewable energy for electricity.

Source: International Energy Agency





# UK RENEWABLE ENERGY 2012

Renewable Energy Accounts for 12% of Total UK Energy Consumption



**BIOENERGY**  
**77.1%**

LANDFILL GAS	19%
TRANSPORT BIOFUELS	13%
CO-FIRING	11.2%
PLANT BIOMASS	10%
WASTE COMBUSTION	8.6%
DOMESTIC WOOD	4.9%
SEWAGE GAS	3.6%
INDUSTRIAL WOOD	3.2%
ANIMAL BIOMASS	2.5%
ANAEROBIC DIGESTION	1%

**WIND POWER**  
**15.4%**

OFFSHORE WIND	10%
ONSHORE WIND	5.4%

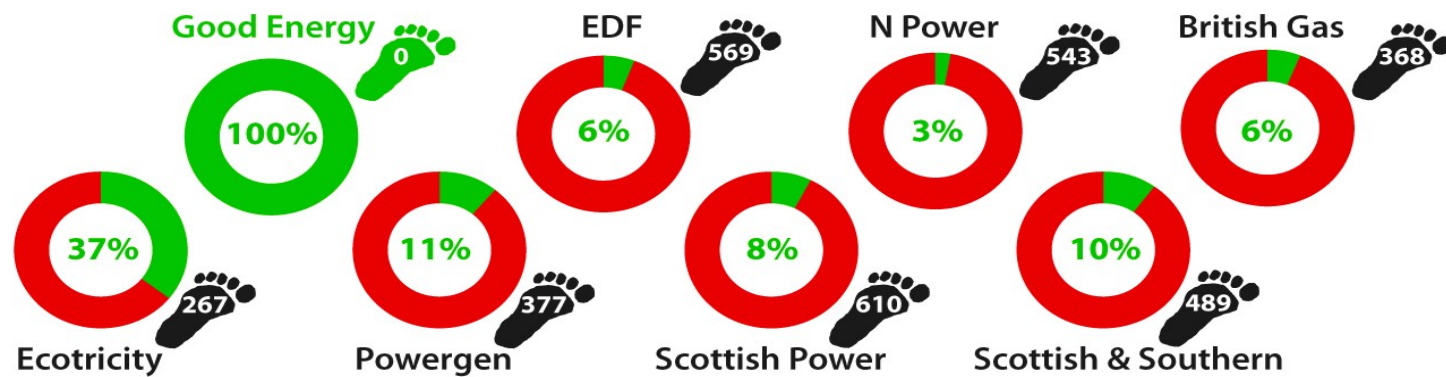
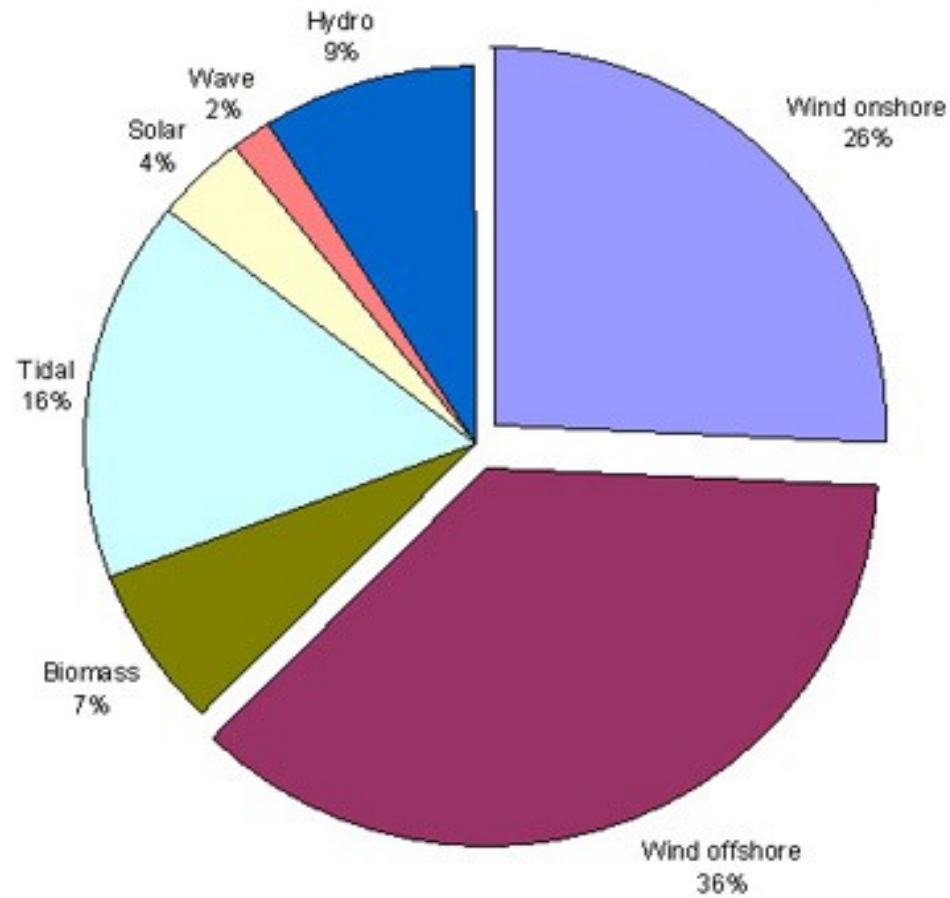
**HYDRO-ELECTRIC**  
**4.9%**

**OTHER SOURCES**  
**2.6%**

GEO THERMAL AND SOLAR HEATING	1.5%
WAVE AND TIDAL	0.7%
HEAT PUMPS	0.4%

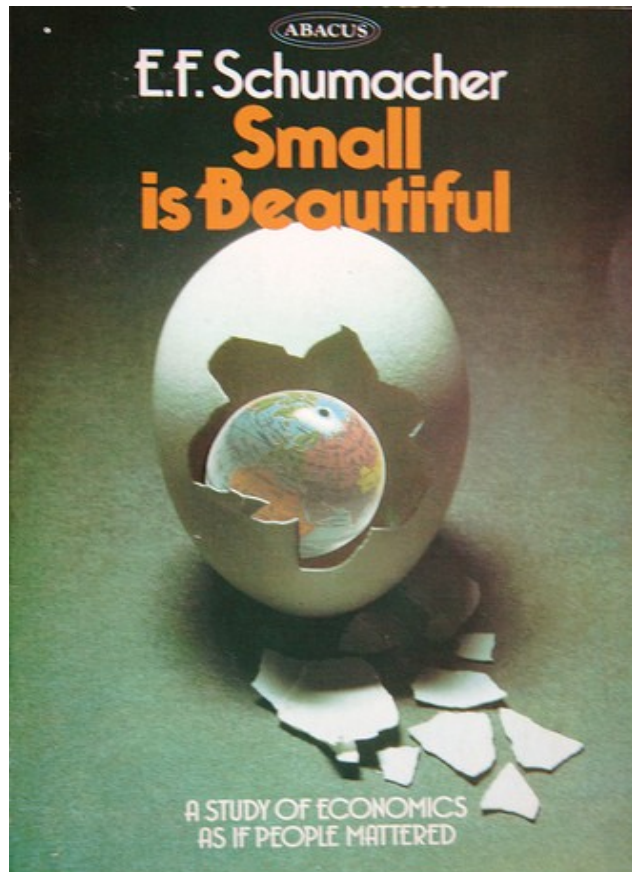


## Target sources of renewable electricity in 2020 (UK)



■ Renewable 
 ■ Coal, gas, nuclear and other 
  CO2 emissions shown in g/kWh

## 11 Small-scale and Diverse



Uniformity v. Diversity

Standardised v Complex

Monoculture v. polyculture

Genetic, Species and Ecosystem diversity

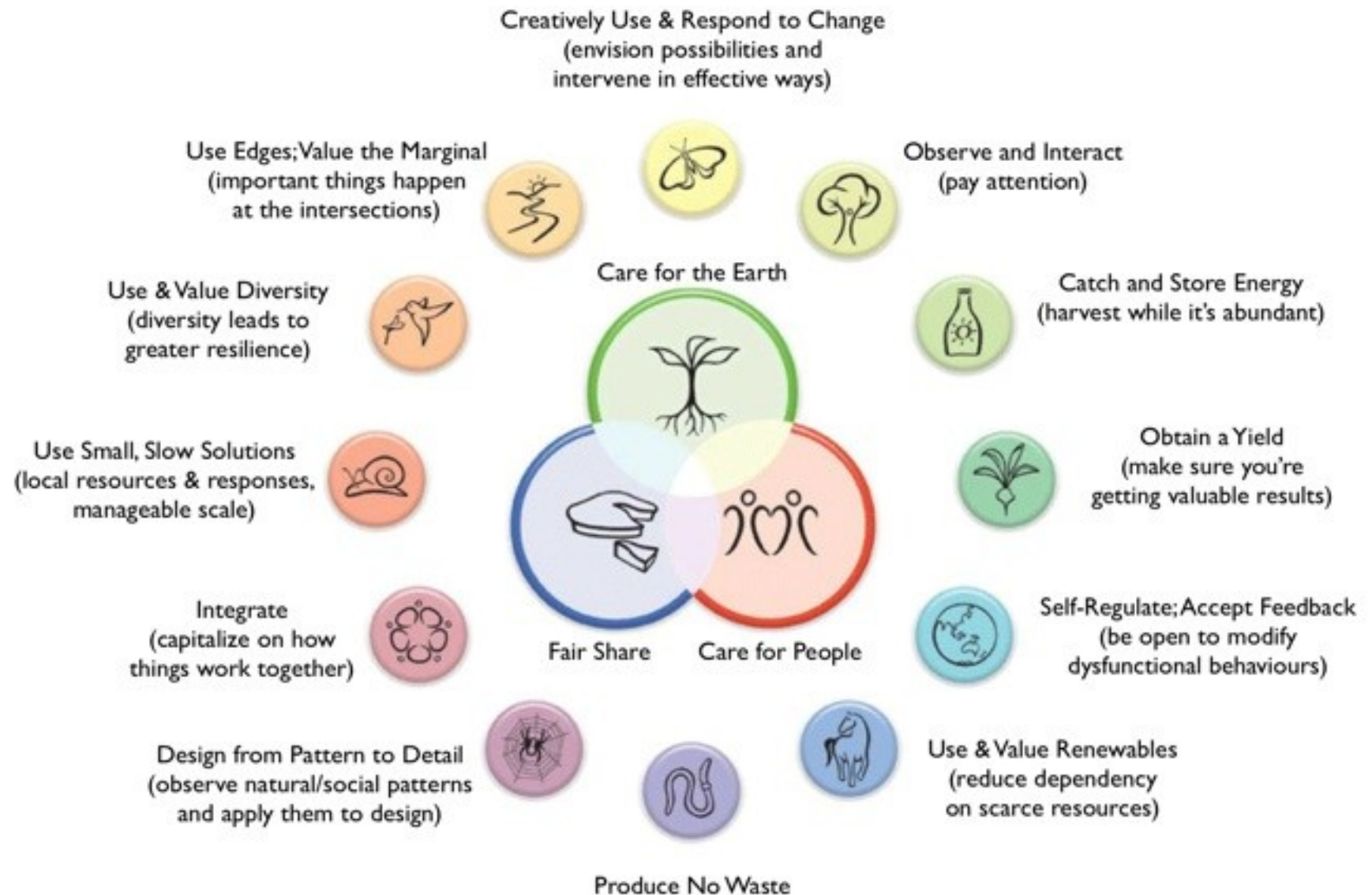
Alien, introduced species

Cultural diversity - immigration and emigration

# Permaculture

## Presentation

## An Introduction to Permaculture



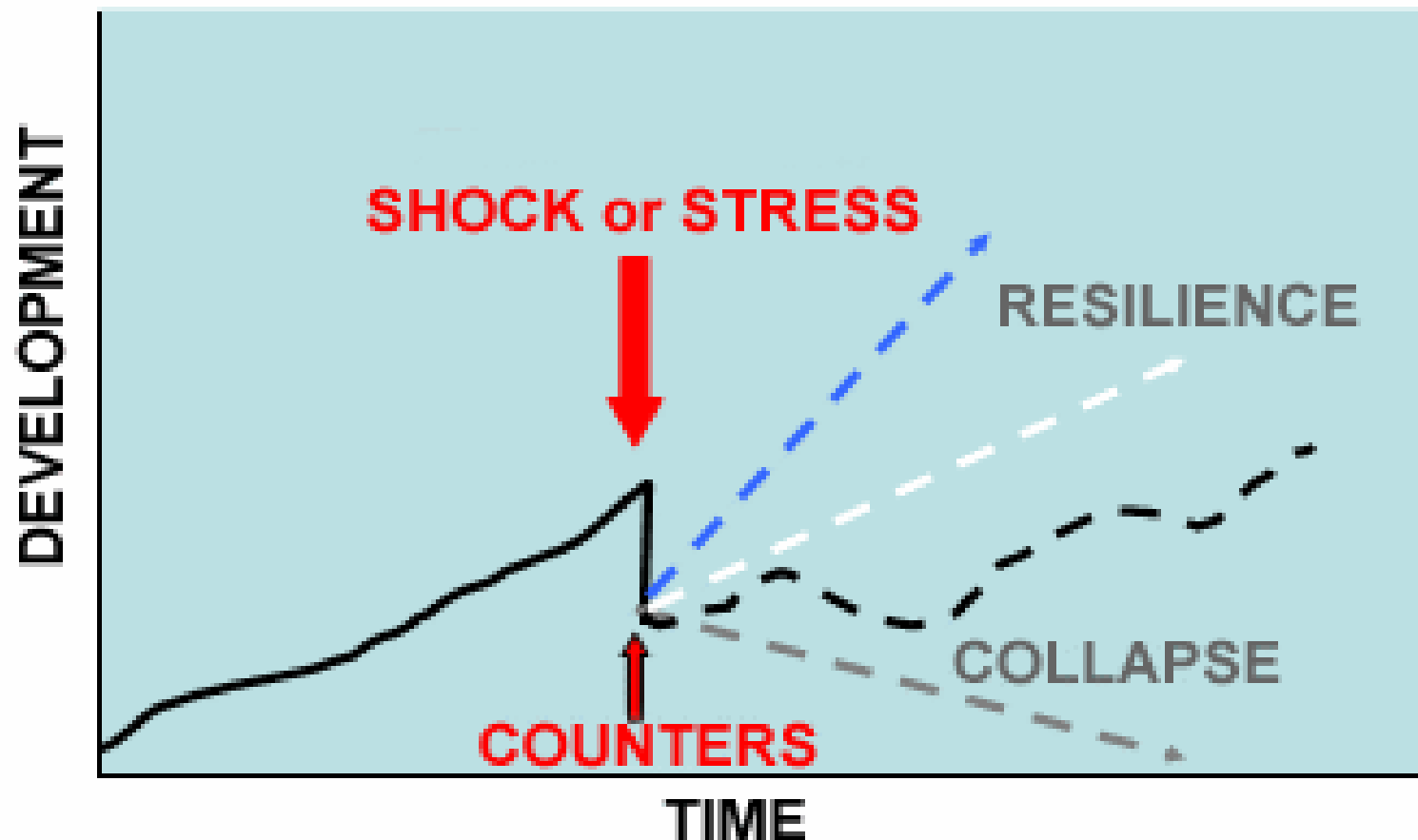
# 12 Resilient

**Film**    Surfing the waves of change, Cultivate Ireland

Dependent, Insecure, Rigid v Independent, Secure, Resilient

Resilience is based on resistance and tolerance of shock or stress, enabling local security  
— safety and access to sufficient food, water, energy, shelter, health, and livelihood.

**Figure 1 - Concept of resilience**



# 13 Cooperative and Participative

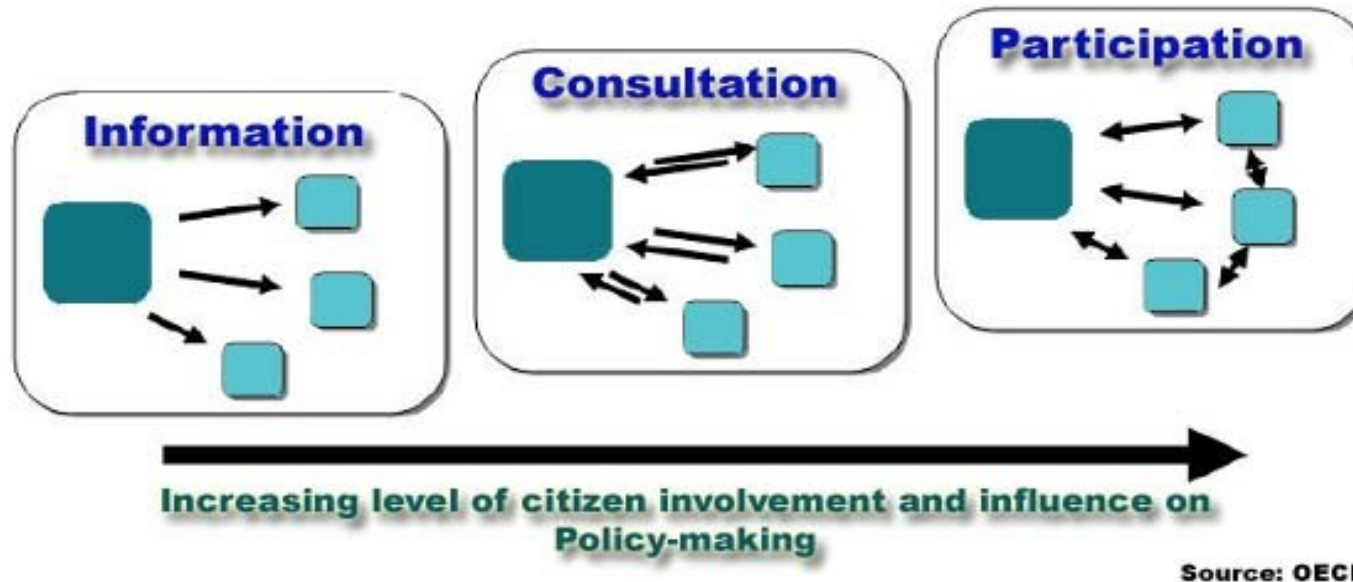
**Film** Collaborative Consumption groundswell – What's mine is yours

**SHARING**  
**IS THE NEW**  
**SHOPPING**

WE NOW LIVE IN A GLOBAL VILLAGE  
WHERE THERE IS AN **UNBOUNDED**  
**MARKETPLACE FOR EFFICIENT**  
**PEER-TO-PEER EXCHANGES OF**  
**SKILLS**   
**STUFF**   
**SPACE**   
**TIME** 



# PARTICIPATORY DEMOCRACY



## PARTICIPATIVE (DEMOCRATIC) LEADERSHIP STYLE

- Known to be the most effective leadership style
- The leader acts as a guide and mentor for the employees in achieving their goals but leader makes final decision after everyone's input
- A participative leader lets employees to play a major part in any decision making process







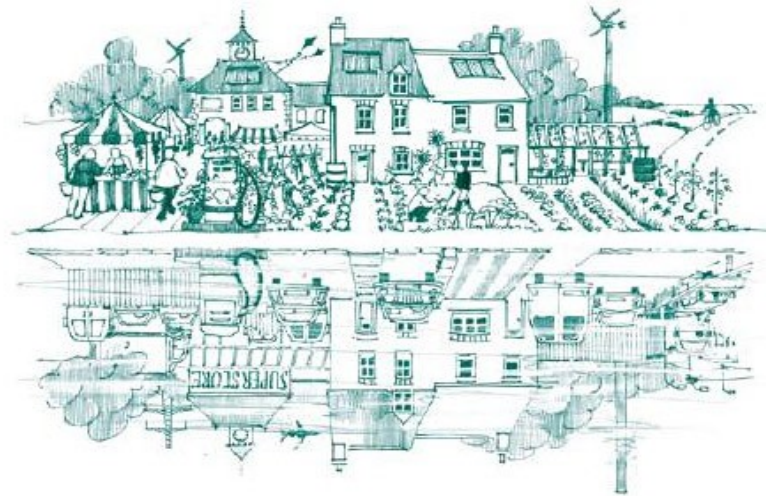
# 14 Local Community Action

## Transition Town Model

Small-scale, local, cooperative and resilient

**Film** [Transition Town Totnes - Transition Together](#)

**Film** [Rob Hopkins' Transition Handbook](#)



**IN TRANSITION**  
From oil dependence to local resilience

## **Community-led responses to peak oil and climate change, building resilience and happiness**

*"for all those aspects of life that this community needs in order to sustain itself and thrive, how do we significantly increase resilience (to mitigate the effects of peak oil) and drastically reduce carbon emissions (to mitigate the effects of climate change)?"*

### **Transition principles**

Positive Visioning

Help People Access Good Information and Trust Them to Make Good Decisions

Inclusion and Openness

Enable Sharing and Networking

Build Resilience

Inner and Outer Transition

Transition makes sense - the solution is the same size as the problem

Subsidiarity: self-organisation and decision making at the appropriate level



**DUNDEE TRANSITION TOWN**

COMMUNITY - SUSTAINABILITY - RESILIENCE

This is a group of local residents who are taking practical steps to change their behaviour to decrease their carbon footprint and make the transition to a 'post peak oil economy'. Want to know more? Want to join us? Please contact us:-

E-mail:-  
dundeetrantown@yahoo.co.uk

We are currently organised into five groups, for which contact details are given below:-

**FOOD**  
Brian Gibb  
07952 154 119

**RECYCLING**  
Doug McLaren  
01382 228 986  
recycle@tfc.org.uk

**BUILDINGS (AND ENERGY)**  
Tom Wallace  
tom.mzzmc@virgin.net

**CREATIVITY**  
Jonathan Baxter  
jb4change@gmail.com

**TRANSPORT**  
Trudy Cunningham  
T.Z.Cunningham@dundee.ac.uk

**Activity** Assess Transition Town projects with the Compass of Sustainability

